



iCare HOME2

# Quick Start Guide

PLEASE KEEP THIS BOOKLET FOR REFERENCE

# Thank you for choosing MyEyes for your iCare® HOME2

We want your home tonometry journey to be as easy as possible.

**If you have questions after reading this guide, please call 888-959-5563 M-F 9am-7pm EST and one of our Patient Ambassadors will help you.**



You will be receiving a call from one of our Patient Ambassadors within the next 24 hours to check in with you.

*Erica Shepard*

**Patient Success Manager**  
MyEyes, LLC



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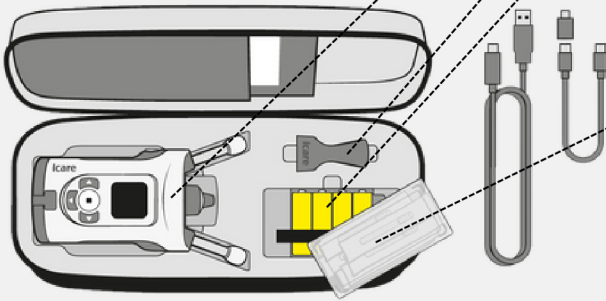
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# Let's Get Started: What's in the Box



## **iCare HOME2 Tonometer**

### **Probe Guide (Funnel Shaped)**

### **Batteries**

Batteries are located in the compartment under the probes. You can load these into the machine, or keep them as a spare set. The machine takes 4 'AA' batteries, and the battery compartment can be opened with the included screwdriver located in the top pouch of your case. Keep this screwdriver in your case!

### **Daily Probes**

20 probes that come with the HOME2 machine, plus a bonus 20 probes as a thank you from MyEyes!

### **Additionally, your box will include:**

- Additional detailed instruction manuals
- Information needed to submit a claim to your insurance company

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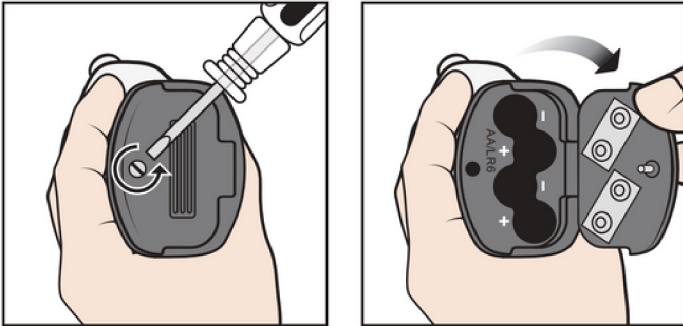
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# Let's Get Started: First Steps

## 1 Install Batteries

Install the batteries with the included screwdriver.

**IMPORTANT: Do NOT use a standard screwdriver. Only use the screwdriver that is provided in your box.**



## 2 Check your inbox.

By now, you should have received a “Simple Steps Ahead” email in your inbox from MyEyes.

If you have not accessed and read that email, please do so.

If you do not find it in your inbox, check your spam folder.

**Your measurements will need to be viewed on your phone after you sync. The measurements do not display on the HOME2 screen—for this, you'll need to download an app and connect your device via Bluetooth (note that the device itself doesn't display measurements).**

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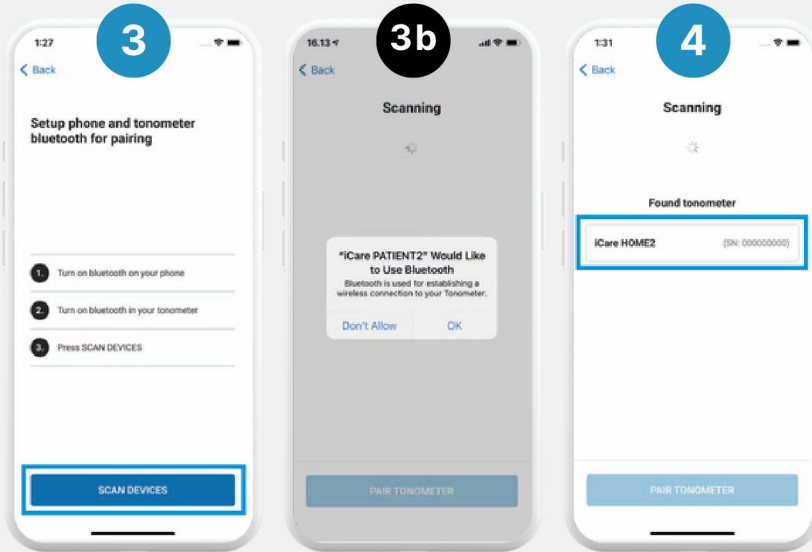
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# For iOS | iCare Patient2 App Pair the tonometer with your mobile device



- 1 Download the iCare PATIENT2 app from App Store
- 2 Go to your mobile device's settings and switch Bluetooth on.
- 3 Tap **SCAN DEVICES**. If the app asks for a permission to use Bluetooth, tap OK.
- 4 Tap on the tonometer with the serial number.
- 5 Tap **PAIR TONOMETER**.

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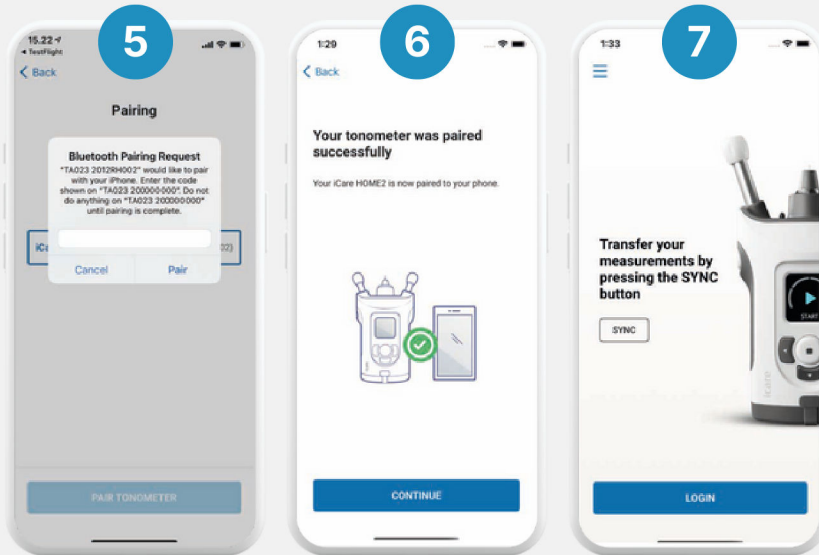
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# For iOS | iCare Patient2 App Pair the tonometer with your mobile device



- 5 Enter the PIN code shown on the tonometer. Tap **Pair**.
- 6 The tonometer is now paired successfully. Tap **CONTINUE**.
- 7 You are now ready to start using the app. **Be sure to login before trying to sync your measurements!**

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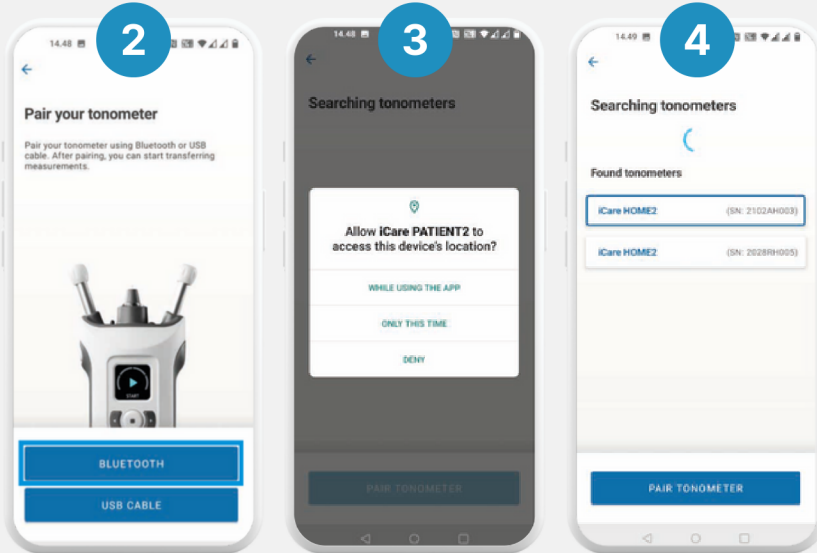
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# For Android | iCare Patient2 App Pair the tonometer with your mobile device



- 1 Download the iCare PATIENT2 app from Google Play Store
- 2 Select the pairing method.
- 3 Go to your smart phone's settings and switch Bluetooth on.
- 4 Tap on the tonometer with the serial number of your tonometer. Tap **PAIR TONOMETER**.

**NOTE!** If you have previously paired your tonometer via USB cable and want to use Bluetooth, you will need to pair it again.

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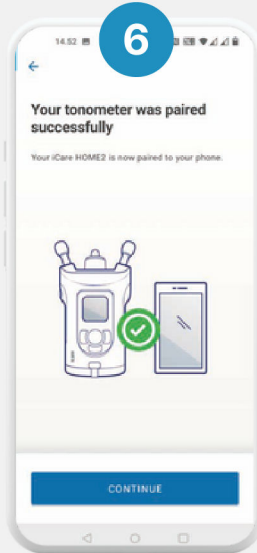
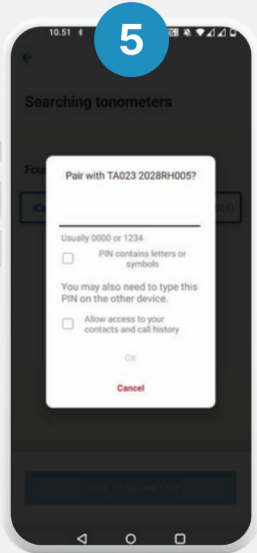
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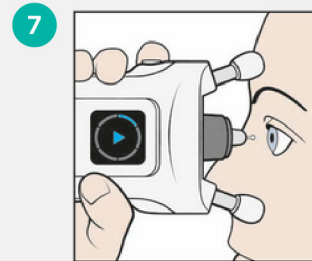


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# For Android | iCare Patient2 App Pair the tonometer with your mobile device



- 5 Enter the PIN code shown on the tonometer. Tap **OK**.
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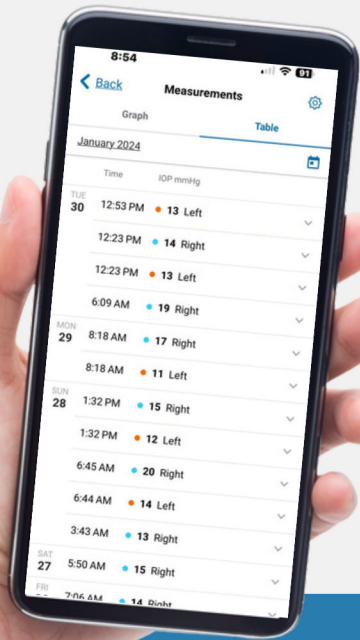
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# Your iCare® HOME2 IOP Data

Did you know that you can view your IOP measurement data on mobile device through the iCare® Patient2 App?



Analyze your IOP measurement data like never before!

- Explore Trend Lines
- Analyze Data Means
- View Data in Table or Chart
- Historically Compare Data

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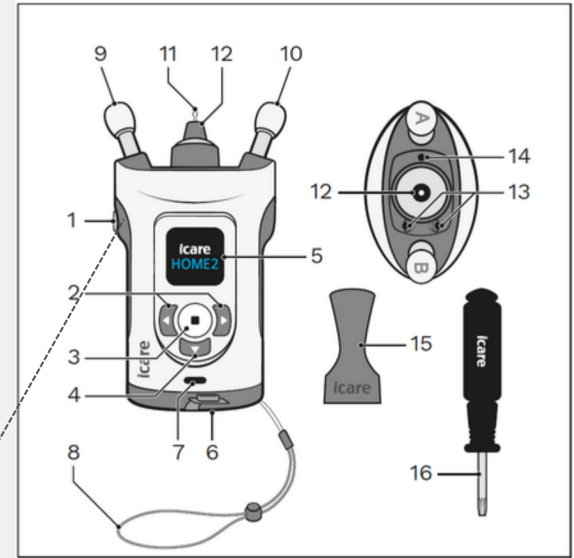
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# iCare HOME2 Buttons and Parts

1. Measure Button
2. Navigation Buttons
3. Select Button
4. Return Button
5. Display
6. Battery Cover
7. USB-C Port and USB Cover
8. Wrist Strap
9. Forehead support "A"
10. Cheek Support "B"
11. Probe
12. Probe Base
13. Infrared LED Transmitters
14. Infrared LED Sensor
15. Probe Applicator
16. Screwdriver



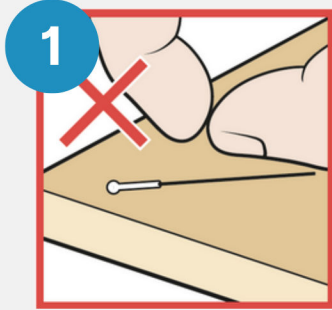
## Turning on your machine

Hold either the Measure Button (1) or the Select Button (3) for 3 seconds and release. The HOME2 will power on.

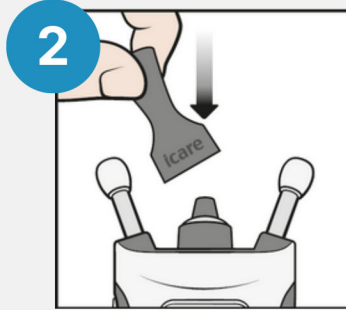
**Note: The HOME2 will power off automatically after 5 minutes, or hold the Select or Measure buttons again for 3 seconds**

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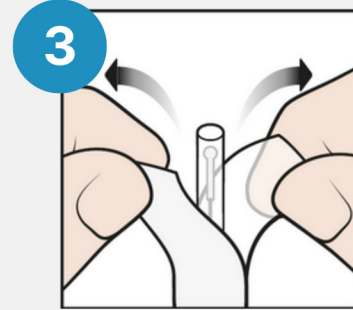
# iCare HOME2—Insert the Probe



**Do not use a probe if it has touched your hand, a table, or other nonsterile surface.**



**Place the probe applicator over the probe base.**



**Open the packaging.**

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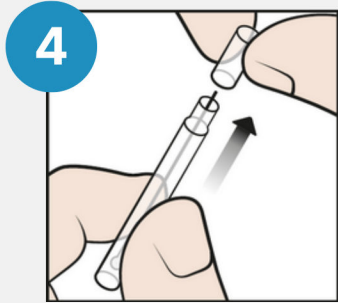
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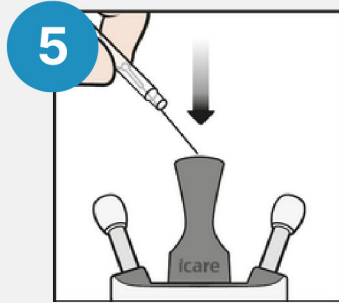


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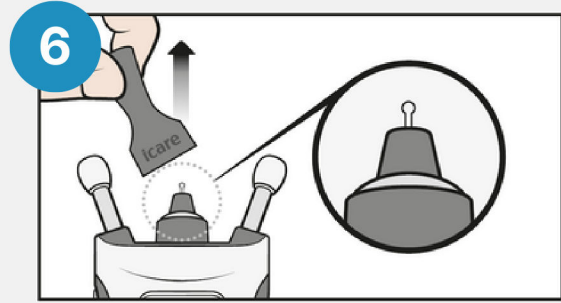
# iCare HOME2—Insert the Probe



**Remove the cap.**



**Drop the probe  
from the container  
to the probe  
applicator.**



**Remove the probe  
applicator.**

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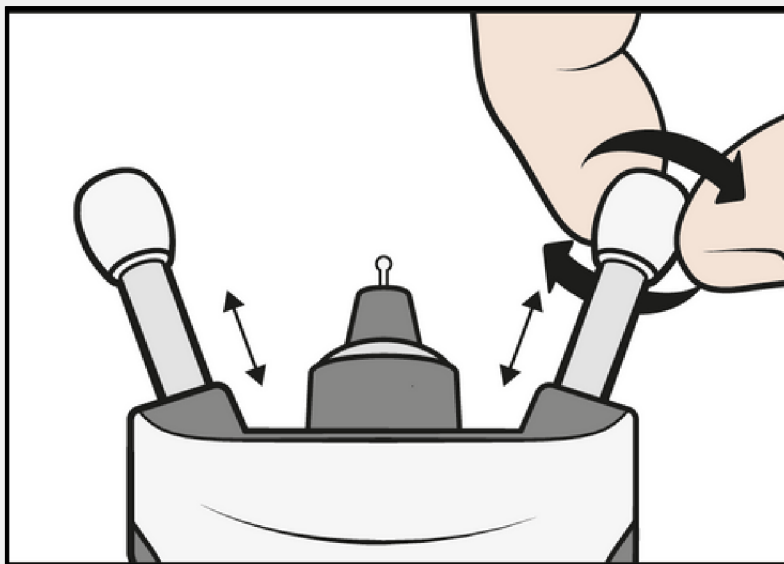
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## iCare HOME2—Adjust the Supports of the Tonometer



- 1 Before the measurement, adjust the forehead and cheek supports to the correct length.
- 2 Out of the box, the supports are at the maximum length.

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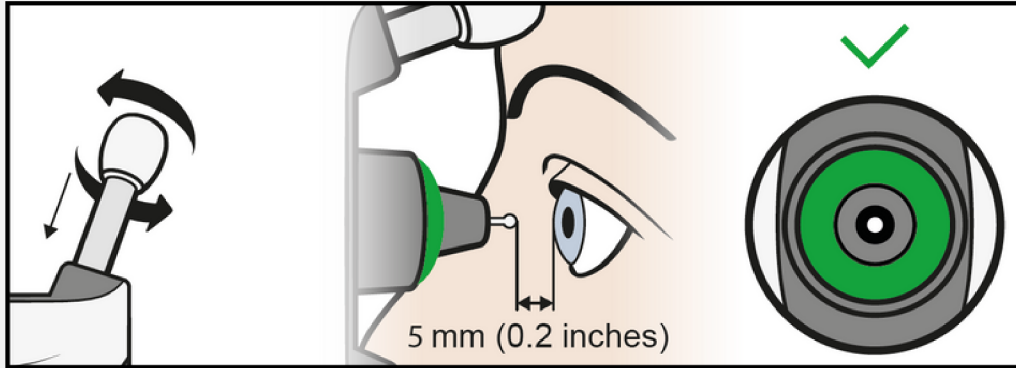
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# iCare HOME2—Adjust the Supports of the Tonometer



- 3 Turn clockwise to shorten, turn counter clockwise to lengthen
- 4 The “A” support goes on the top  
The “B” support goes on the bottom
- 5 Hold the tonometer in position until you see the red light turn green



## Quick Tip:

The tonometer has sensors that can tell if it's too near to your eye.

It will NOT take a measurement if the probe is too near!!

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# iCare HOME2—Take a Measurement

- 1 Hold the tonometer so that the “A” support is resting on your forehead and the “B” support is on your cheekbone
- 2 Adjust the position of the tonometer until you see the red light turn green and the green circle is symmetrical (see photos next page)
- 3 Press the “Measure” button once.
- 4 Listen for the beeps and check the message on the display screen. Refer to pages 15-16 to determine next steps



**NOTE:** The HOME2 takes a series of 6 quick measurements for each reading. **Once you see a checkmark on the display for your initial measurement, you are ready to take the other measurements.** You will also see 6 segments of a green circle around the checkmark. Each segment represents one measurement so you know how many you’ve taken.

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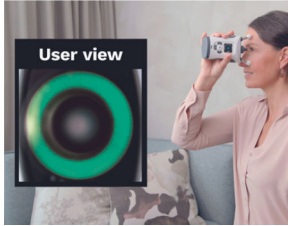
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# iCare HOME2—How to Use



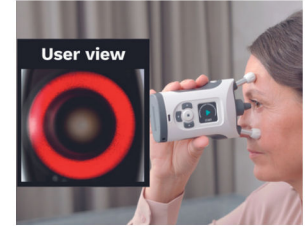
**Tonometer is correctly positioned.**



**Probe is too far from the eye.**  
Shorten the supports.



**Probe is not centered and perpendicular to cornea.**  
Realign the tonometer.



**Tonometer is tilted downwards.**  
Lift your chin up.



**Quick Tip: If you see a **BLINKING RED LIGHT**, RESET your tonometer by pressing measure button on the top.**

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# iCare HOME2—Tonometer Messaging

Your tonometer will communicate with you about the alignment and placement by both sound and messaging on the viewing screen

Icon	Sound	Meaning & Display Text	Solution
	1 Beep 	Successful measurement	None—Your measurement was recorded.
	2 Beeps 	Supports are too short <b>Display Text:</b> Too near	<b>Turn the supports 2 clicks counter clockwise</b> and try another measurement
	3 Beeps 	Supports are too long <b>Display Text:</b> Too far	<b>Turn the supports 2 clicks clockwise</b> and try another measurement

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# iCare HOME2—Tonometer Messaging

Your tonometer will communicate with you about the alignment and placement by both sound and messaging on the viewing screen

Icon	Sound	Meaning & Display Text	Solution
	2 Beeps ●●	The probe was not perpendicular to the cornea or the probe hit an eyelid or eyelashes.  <b>Display Text:</b> Incorrect Alignment	Press the Measure button once to acknowledge the error. <b>Position the tonometer so that the probe points perpendicularly to the center of your eye.</b> Keep your eye properly open.
	2 Beeps ●●	There was a problem with the movement of the probe.  <b>Display Text:</b> Repeat	Press the Measure button once to acknowledge the error. Repeat the Measurement.

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# iCare HOME2—FAQs

## 1 How often should I test?

**Answer:** Ask your Medical Professional how often he/she wants you to test, but the recommendation from most glaucoma specialists is 5-6 times per day for 1 week initially to identify acute fluctuations, especially late in the evening and early morning (before you typically wake up). For maintenance testing, you can decide how often and what times work for you.

## 2 I am nervous the probe will hit my eye?

**Answer:** The HOME2 knows exactly which eye it's testing, and exactly how far the probe is from your eye. The HOME2 will NOT take a measurement if the machine is too far or too near, so there is no need to worry that the probe will damage your eye.

## 3 Are the batteries in the machine?

**Answer:** No, 4 "AA" batteries are included in the case, but you must install them in the machine (see page 4) and the screwdriver is in the lid pocket of the case.

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# iCare HOME2—FAQs

## 4 What if I need more probes?

**Answer:** The Patient Ambassadors will give you guidance about the usage of probes, but when you need more, you can order them through the MyEyes.net website starting spring 2024.

## 5 What is the best way to get my information to my doctor?

**Answer:** Showing your pressures to your doctor is simple! You can either open the app on your phone to view the table or graph version of your measurements, or log onto [na.clinic.icaretonometer.com/login](http://na.clinic.icaretonometer.com/login) with your iCare Clinic credentials, and you can view and download various reports and graphs to print and take to your appointment or send electronically.

## 6 Are all my measurements stored in the HOME2 even if I don't sync it with the Patient2 app after each measurement?

**Answer:** YES! The HOME2 stores all your IOP measurements regardless of how many you take or if you use the app.

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# iCare HOME2—FAQs

## 7 What is the warranty for the HOME2?

**Answer:** Your HOME2 comes with a 1 year warranty from the date of purchase. If you have a problem at any time, contact a MyEyes Patient Ambassador at 888-959-5563 M-F 9am-7pm EST or online chat myeyesnet. You can also email us at support@myeyes.net

## 8 How do I submit a claim to my insurance?

**Answer:** The paperwork in the box includes everything needed to submit a claim to most insurance companies:

- A copy of your prescription
- A detailed receipt
- A cover letter for your insurance company

MyEyes recommends you call your insurance company directly to determine if you should submit a claim.

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# iCare HOME2—FAQs

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## Is there a desktop version on the iCare Clinic app?

**Answer:** YES! Go to iCare CLINIC (<https://na.clinic.icaretonometer.com>) and use the log in you created for the iCare Patient2 app. You will find all your data here, including customizable time periods. Be sure to click on “reports” to view graphs with IOP trends and averages.

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## Does MyEyes offer any additional support for home tonometry?

**Answer:** YES! MyEyes hosts an online community “Sight Supporters.” There you can meet and chat with other MyEyes patients and home tonometry users, find HOME2 tips, training and attend regularly scheduled webinars and interviews with prominent Glaucoma Specialists. The community is moderated by the MyEyes Patient Ambassadors, who also have glaucoma and own a HOME2!

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## Where can I access the iCare® HOME2 Owners Manual?

**Answer:** You can access a digital version of the owners manual by scanning this QR code.



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## How'd we do?

### Please Consider Leaving us Your Feedback

Your feedback is so important to the work we, as patient ambassadors, do for our patients—and we invite you to share that feedback with us after your rental period has ended.

You'll receive an email with a link to share this feedback with MyEyes. Please consider taking a few minutes to share your experience with us!

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